Diversity, Equity, Inclusion, and Anti-Racism (DEIA) Resources

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I welcome suggestions. Please share with others. I have no financial disclosures. This document is located at https://www.admsep.org/htmly/2020/10/diversity-equity-and-inclusion-resources. The top 25 items are highlighted and "***."

- I. Professional Organization Websites
- II. Websites of Foundations, Universities and Higher Education, and Other Organizations
- III. Federal Government Websites
- IV. Online Training Resources
- V. Journals and Online Peer-Reviewed Resources on DEIA
- VI. Examples of Websites of University Departments of Psychiatry on DEIA
- VII. Curated book and film lists on cultural psychiatry and related topics at Amazon by Francis Lu, MD

I. <u>Professional Organization Websites</u>

- 1. Association of American Medical Colleges (AAMC)
- a. Equity, Diversity, & Inclusion https://www.aamc.org/what-we-do/equity-diversity-inclusion
 - 1. David Acosta, MD, Chief Diversity and Inclusion Officer: https://www.aamc.org/who-we-are/our-leadership/biography/david-acosta-md
 - 2. "Achieving excellence through equity, diversity, and inclusion" https://www.aamc.org/news-insights/achieving-excellence-through-equity-diversity-and-inclusion
 - 3. ***Diversity and Inclusion Toolkit Resources
 https://www.aamc.org/professional-development/affinity-groups/cfas/diversity-inclusion-toolkit/resources

- 4. Diversity 3.0 Learning Series https://www.aamc.org/what-we-do/diversity-inclusion/learning
- 5. Council of Faculty and Academic Societies (CFAS) Diversity & Inclusion Toolkit

https://www.aamc.org/professional-development/affinity-groups/cfas/diversity-inclusion-toolkit

- 6. Diversity in Medicine: Facts and Figures 2019 https://www.aamc.org/data-reports/workforce/report/diversity-medicine-facts-and-figures-2019
- 7. ***American Medical Association (AMA)-AAMC "Advancing Health Equity: A Guide to Language, Narrative and Concepts" https://www.ama-assn.org/system/files/ama-aamc-equity-guide.pdf
- 8. Equity, Diversity, & Inclusion Initiatives https://www.aamc.org/what-we-do/equity-diversity-inclusion/initiatives
- b. Group on Diversity and Inclusion (GDI) https://www.aamc.org/professional-development/affinity-groups/gdi

Guides, Toolkits and Webinars

- ***Diversity and Inclusion Strategic Planning Toolkit, a summary of
- Diversity and Inclusion in Academic Medicine: A Strategic Planning Guide
- The NIH Scientific Workforce Diversity Interactive Toolkit
- New Diversity and Inclusion Officer Toolkit (PDF)
- The Way Forward: A Logic Model for Diversity and Policy Programs
- Webinars
- c. Group on Women in Medicine and Science (GWIMS) https://www.aamc.org/professional-development/affinity-groups/gwims
 - 1. GWIMS Toolkit https://www.aamc.org/professional-development/affinity-groups/gwims/toolkit
 - 2. The State of Women in Academic Medicine https://www.aamc.org/data-reports/faculty-institutions/report/state-women-academic-medicine
 - 3. Gender Equity in Academic Medicine https://www.aamc.org/news-insights/gender-equity-academic-medicine
 - 4. Sexual and Gender Harassment Resources https://www.aamc.org/what-we-do/mission-areas/diversity-inclusion/harassment

- 5. Women of Color Initiative https://www.aamc.org/data-reports/women-of-color
- 6. Women Faculty of Color Toolkits https://www.aamc.org/professional-development/affinity-groups/gwims/women-of-color-initiative-toolkits
- d. *** "Diversity" and "Inclusion" AAMC Definitions
 https://www.aamc.org/professional-development/affinity-groups/gdi
- e. *** "Underrepresented in Medicine" AAMC Definition
 https://www.aamc.org/what-we-do/mission-areas/diversity-inclusion/underrepresented-in-medicine
- f. Health Equity Research and Policy https://www.aamc.org/what-we-do/mission-areas/medical-research/health-equity

Note: "Health Inequity" and "Health Care Inequity" AAMC Definitions

- g. Diversity, Equity, and Inclusion measurement questionnaires/scales for institutions
 - 1. Diversity Engagement Survey (DES) (2015) https://www.aamc.org/what-we-do/mission-areas/diversity-inclusion/engagement-survey
 - 2. Diversity, Inclusion, Culture, and Equity (DICE) Inventory (4/2021) https://store.aamc.org/diversity-inclusion-culture-and-equity-dice.html
 - 3. Achieving Inclusion Excellence in Academic Medicine: Foundational Principles of Inclusion Excellence (FPIE) Toolkit (4/2021) https://store.aamc.org/foundational-principles-of-inclusion-excellence-fpie-toolkit.html
- h. *** Unconscious Bias Resources for Health Professionals https://www.aamc.org/what-we-do/mission-areas/diversity-inclusion/unconscious-bias-training

A related website is Project Implicit with the Implicit Association Test at https://implicit.harvard.edu/implicit/index.jsp

i. Understanding Allyship and Responding to Microaggressions through Bystander Intervention Workshops https://www.aamc.org/professional-development/affinity-groups/gip/understanding-allyship-and-responding-microaggressions-through-bystander-intervention-workshops

j. Creating and Sustaining a Diverse and Culturally Responsive Workforce https://www.aamc.org/news-insights/diversity-issues

k. Holistic Review

https://www.aamc.org/services/member-capacity-building/holistic-review

I. *** Racism and Health

https://www.aamc.org/news-insights/racism-and-health

- 1. AAMC Statement on Police Brutality and Racism in America and Their Impact on Health, 6/1/20 https://www.aamc.org/news-insights/press-releases/aamc-statement-police-brutality-and-racism-america-and-their-impact-health
- 2. AAMC Statement on Executive Order on Combating Race and Sex Stereotyping, 9/24/20 [President Biden signed a new Executive Order that cancelled this Executive Order on 1/20/21.] https://www.aamc.org/news-insights/press-releases/aamc-statement-executive-order-combating-race-and-sex-stereotyping
- 3. AAMC Framework for Addressing and Eliminating Racism at the AAMC, in Academic Medicine, and Beyond, 10/7/20 https://www.aamc.org/addressing-and-eliminating-racism-aamc-and-beyond
- 4. Racism and Health: A Reading List https://www.aamc.org/news-insights/racism-and-health-reading-list
- 5. AAMC Statement on President Biden's Actions on Advancing Equity, Preventing Discrimination, and Supporting Underserved Communities, 1/21/21 https://www.aamc.org/news-insights/press-releases/aamc-statement-president-biden-s-actions-advancing-equity-preventing-discrimination-and-supporting
- 6. *** AAMC Statement on Dismantling Racism in Academic Medicine, 2/23/21 https://www.aamc.org/news-insights/press-releases/aamc-statement-dismantling-racism-academic-medicine
- 7. Creating Action to Eliminate Racism in Medical Education 1/21 https://www.aamc.org/media/50581/download

m. AAMC Center for Health Justice https://www.aamc.org/healthjustice

- 1. The Principles of Trustworthiness https://www.aamc.org/trustworthiness
 - The Principles of Trustworthiness Community Video
 - The Principles of Trustworthiness

- The Principles of Trustworthiness Toolkit
- The Principles of Trustworthiness Workshops: https://vimeo.com/572761768
- 2. Advancing Health Equity: A Guide to Language, Narrative and Concepts https://www.aamchealthjustice.org/narrative-guide
- n. Exploring Faculty Salary Equity at U.S. Medical Schools by Gender and Race/Ethnicity https://store.aamc.org/exploring-faculty-salary-equity-at-u-s-medical-schools-by-gender-and-race-ethnicity.html
- o. Healthcare Executive Diversity and Inclusion Certificate Program https://www.aamc.org/professional-development/leadership-development/hedic
- 2. American Association of Directors of Psychiatry Residency Training (AADPRT) Anti-racism and Diversity Resources: Under the tab "Program Administrators." Copy and paste this link: https://www.aadprt.org/program-administrators/anti-racism-and-diversity-resources
- 3. Association of Directors of Medical Student Education in Psychiatry (ADMSEP) Diversity, Equity, Inclusion, and Anti-Racism Resources [this document] https://www.admsep.org/htmly/2020/10/diversity-equity-and-inclusion-resources
- 4. Accreditation Council for Graduate Medical Education (ACGME) https://www.acgme.org/What-We-Do/Diversity-Equity-and-Inclusion
 - a. ACGME Common Program Requirements (CPR) (Residency) https://acgme.org/Portals/0/PFAssets/ProgramRequirements/CPRResidency202 0.pdf
 - b. ACGME Common Program Requirements (CPR) (Fellowship)
 https://acgme.org/Portals/0/PFAssets/ProgramRequirements/CPRFellowship202
 https://acgme.org/portals/0/PFAssets/ProgramRequirements/DPRFellowship202
 https://acgme.org/portals/0/PFAssets/DPRFellowship202
 https://acgme.org/portals/0/PFAssets/DPRFellowship202
 https://acgme.org/port
 - 1. *** CPR on diversity and inclusion (new, effective 7/1/19) in both documents:

 "IC. The program, in partnership with its Sponsoring Institution, must engage in practices that focus on mission-driven, ongoing, systematic recruitment and retention of a diverse and inclusive workforce of residents (if present), fellows, faculty members, senior administrative staff members, and other relevant members of its academic community. (Core)

Background and Intent: It is expected that the Sponsoring Institution has, and programs implement, policies and procedures related to recruitment and retention of minorities underrepresented in medicine and medical leadership in accordance with the Sponsoring Institution's mission and aims. The program's annual evaluation must include an assessment of the

program's efforts to recruit and retain a diverse workforce, as noted in V.C.1.c).(5).(c)."

2. *** CPR on ACGME Competencies [bolded key terms added]

a. Professionalism

"Residents must demonstrate competence in **respect and responsiveness to diverse patient populations**, including but not limited to diversity in gender, age, culture, race, religion, disabilities, national origin, socioeconomic status, and sexual orientation."

b. Patient Care and Procedural Skills

"Background and Intent: Quality patient care is safe, effective, timely, efficient, patient-centered, equitable, and designed to improve population health, while reducing per capita costs. (See the Institute of Medicine [IOM]'s Crossing the Quality Chasm: A New Health System for the 21st Century, 2001 and Berwick D, Nolan T, Whittington J. The Triple Aim: care, cost, and quality. Health Affairs. 2008; 27(3):759-769.)."

c. Medical Knowledge

"Residents must demonstrate knowledge of established and evolving biomedical, clinical, epidemiological and social-behavioral sciences, as well as the application of this knowledge to patient care."

d. Interpersonal and Communication Skills

"Residents must demonstrate competence in communicating effectively with patients, families, and the public, as appropriate, across a **broad range of socioeconomic and cultural backgrounds**."

e. Systems-based Practice

"Residents must demonstrate an awareness of and responsiveness to the larger context and system of health care, including the **social determinants of health**, as well as the ability to call effectively on other resources to provide optimal health care."

c. Clinical Learning Environment Review (CLER)

https://www.acgme.org/What-We-Do/Initiatives/Clinical-Learning-Environment-Review-CLER

Resources and Documents

https://www.acgme.org/What-We-Do/Initiatives/Clinical-Learning-Environment-Review-CLER/Resources-and-Documents

Focus on "Health care quality (including health care disparities)" in these documents:

- National Report of Findings 2018 (JGME 2018)
- o Executive Summary National Report of Findings 2018

o CLER Pathways to Excellence Version 2.0

d. 2020 ACGME Strategic Plan Summary, 10/20 [now mentions diversity, inclusion, and equity]

https://www.acgme.org/Portals/0/PFAssets/PublicationsPapers/Strategic%20Plan%20Summary.pdf?ver=2020-10-22-114251-953

5. *** Liaison Committee on Medical Education (LCME) [bolded key terms added] https://lcme.org/publications/#Standards

The LCME accredits medical education programs leading to the M.D. degree in the United States and Canada. Several LCME accreditation standards are relevant to cultural competence, disparities and diversity in a medical school setting.

Standard 3: Academic and Learning Environments

3.3 **Diversity/Pipeline Programs and Partnerships**

A medical school has effective policies and practices in place, and engages in ongoing, systematic, and focused recruitment and retention activities, to achieve mission-appropriate diversity outcomes among its students, faculty, senior administrative staff, and other relevant members of its academic community. These activities include the use of programs and/or partnerships aimed at achieving diversity among qualified applicants for medical school admission and the evaluation of program and partnership outcomes.

3.4 Anti-Discrimination Policy

A medical school has a policy in place to ensure that it does not discriminate on the basis of age, disability, gender identity, national origin, race, religion, sex, sexual orientation or any basis protected by federal law.

3.5 **Learning Environment/Professionalism** [Both this standard and one below could include issues related to diversity and inclusion, discrimination, racism, and bias.]

A medical school ensures that the learning environment of its medical education program is conducive to the ongoing development of explicit and appropriate professional behaviors in its medical students, faculty, and staff at all locations. The medical school and its clinical affiliates share the responsibility for periodic evaluation of the learning environment in order to identify positive and negative influences on the maintenance of professional standards, develop and conduct appropriate strategies to enhance positive and mitigate negative influences, and identify and promptly correct violations of professional standards.

3.6 **Student Mistreatment**

A medical school develops effective written policies that define mistreatment, has effective mechanisms in place for a prompt response to any complaints, and supports educational activities aimed at preventing mistreatment. Mechanisms for reporting mistreatment are understood by medical students, including visiting medical students, and ensure that any violations can be registered and investigated without fear of retaliation.

Standard 7: Curricular Content

7.1 Biomedical, Behavioral, Social Sciences

The faculty of a medical school ensure that the medical curriculum includes content from the biomedical, **behavioral**, **and socioeconomic sciences** to support medical students' mastery of contemporary medical science knowledge and concepts and the methods fundamental to applying them to the health of individuals and populations.

7.5 **Societal Problems** [This section could include the social determinants of health and mental health.]

The faculty of a medical school ensure that the medical curriculum includes instruction in the diagnosis, prevention, appropriate reporting, and treatment of the medical consequences of **common societal problems**.

7.6 Cultural Competence and Health Care Disparities

The faculty of a medical school ensure that the medical curriculum provides opportunities for medical students to learn to recognize and appropriately address biases in themselves, in others, and in the health care delivery process. The medical curriculum includes content regarding the following:

- The diverse manner in which people perceive health and illness and respond to various symptoms, diseases, and treatments
- The basic principles of culturally competent health care
- Recognition of the impact of disparities in health care on all populations and potential methods to eliminate health care disparities
- The knowledge, skills, and core professional attributes needed to provide effective care in a multidimensional and diverse society

6. American Psychiatric Association (APA)

a. *** Diversity and Health Equity

https://www.psychiatry.org/psychiatrists/cultural-competency

Section 1: Education: CME webinars, toolkits, fact sheets and other educational content specifically for diverse and vulnerable populations.

Section 2: Engagement Opportunities: APA components and caucuses, awards, resident/fellow fellowships, and networking opportunities aimed at supporting and increasing diversity within APA and psychiatry.

Section 3: Advocacy and News: Relevant press releases, position statements, and advocacy resources to help psychiatrists advocate for the needs of minority and underserved populations.

b. *** Presidential Task Force on Structural Racism Throughout Psychiatry (2020 to 2021)

https://www.psychiatry.org/psychiatrists/structural-racism-task-force

Glossary of Terms

https://www.psychiatry.org/psychiatrists/structural-racism-task-force/glossary-of-terms

- c. Presidential Task Force on Social Determinants of Mental Health (2021 to 2022) https://www.psychiatry.org/psychiatrists/social-determinants-of-mental-health-task-force/social-determinants-of-mental-health-task-force
- d. APA website on Mental Health and Faith Community Partnership https://www.psychiatry.org/psychiatrists/cultural-competency/engagement-opportunities/mental-health-and-faith-community-partnership
- e. Resource Documents

https://www.psychiatry.org/psychiatrists/search-directories-databases/library-and-archive/resource-documents

Access the Resource Documents (selected) below either from the URL above OR by clicking on the hyperlink below, which will download a PDF to your download file.

- 0 2021
- Ethics at the Interface of Religion, Spirituality, and Psychiatric Practice
 - 0 2020
- ***How Psychiatrists Can Talk to Patients and Families About Race and Racism
- ***Social Determinants of Health
- Developing a Global Mental Health Curriculum in Psychiatry Residency <u>Programs</u>
 2018
- Assessment and Treatment of Gender Dysphoria and Gender Variant Patients

2017

- Mental Health and Climate Change 2013
- Cultural psychiatry as a specific field of study relevant to the assessment and care of all patients

2010

• Xenophobia, immigration and mental health

2006

Religious/spiritual commitments and psychiatric practice

f. Position Statements Policy Finder (official APA positions)

https://www.psychiatry.org/home/policy-finder

Access the Position Statements (selected) below by searching for them at the URL above:

- On Diversity, 1999, 2017
- *** Diversity and Inclusion in the Physician Workforce, 2019
- Psychiatrists from Underrepresented Groups in Leadership Roles, 1994, 2017
- Discrimination Against International Medical Graduates, 2001, 2017
- Affirmative Action, 1977, 2017
- Mental Health Equity and the Social and Structural Determinants of Mental Health, 2018
- Resolution Against Racism and Racial Discrimination and Their Adverse Impacts on Mental Health, 2018
- Bias-Related Incidents, 2015
- Police Brutality and Black Males, 2018
- Addressing Racial and Ethnic Health Disparities in Substance Use Disorder Treatment in the Justice System, 2019
- Xenophobia, Immigration, and Mental Health, 2020
- Mental Health Needs of Undocumented Immigrants, 2020
- Care of Medically Vulnerable Migrants in the United States, 2019
- Mental Health of Foreign Nationals on Temporary Protected Status, 2019
- Separation of Immigrant Children and Families, 2018
- Detained Immigrants with Mental Illness, 2013
- Discrimination Against Religious Minorities, 2018
- Religious Persecution and Genocide, 2018
- Issues Related to Homosexuality, 2013
- Issues Related to Sexual Orientation and Gender Minority Status, 2020
- Treatment of Transgender (Trans) and Gender Diverse Youth, 2020
- Discrimination Against Transgender and Gender Diverse Individuals, 2018
- Access to Care for Transgender and Gender Diverse Individuals, 2018
- Mental Health and Climate Change, 2017

g. Caucus of Black Psychiatrists Resource Documents https://www.dropbox.com/sh/npsutb7ogghnpss/AADsp3y_klWqwo-1Tyq6FSbna?dl=0

h. APA's Apology to Black, Indigenous and People of Color for Its Support of Structural Racism in Psychiatry and Historical Addendum, 1/18/21

https://www.psychiatry.org/newsroom/apa-apology-for-its-support-of-structural-racism-in-psychiatry

Historical addendum

https://www.psychiatry.org/newsroom/historical-addendum-to-apa-apology

 APA Leadership Statement on Anti-Asian American Racism and Mental Health, 3/22/21

https://www.psychiatry.org/news-room/apa-blogs/apa-blog/2021/03/apa-leadership-statement-on-anti-asian-american-racism-and-mental-health?utm_source=Internal-Link&utm_medium=Banner-Row&utm_campaign=Stop_AAPI_Hate

7. American Psychoanalytic Association

Position Statements

https://apsa.org/position-statements

Access the Position Statements (selected) below by searching for them at the URL above or clicking on the hyperlinked Position Statement:

- 2018 Position Statement on Discrimination and Violence Against Women
- 2016 Position Statement on Inflammatory Political Rhetoric
- 2015 Position Statement on Refugee Resettlement
- 2015 Position Statement on Human Trafficking
- 2015 Position Statement on Campus Sexual Violence
- 2014 Position Statement on Race-Based Violence and Racial Profiling
- 2013 Position Statement on the Elimination of All Forms of Discrimination Against Women
- 2012 Position Statement on Attempts to Change Sexual Orientation, Gender Identity, or Gender Expression
- 2012 Position Statement on Sexual Orientation, Gender Identity, and Civil Rights
- 2012 Position Statement on the Impact of Bullying and Harassment on Gender Non- Conforming and LGBT Youth

8. American Association for Community Psychiatry (AACP)

Self-Modification of Anti-Racism Tool (SMART) https://www.communitypsychiatry.org/resources/smart-tool

9. American Academy of Child and Adolescent Psychiatry (AACAP)

Racism Resource Library

https://www.aacap.org/AACAP/Families and Youth/Resource Libraries/Racism Resource Library.aspx

10. American Board of Psychiatry and Neurology

Statement on Racism and Health Disparities, 6/22/20

https://www.abpn.com/wp-content/uploads/2020/06/ABPN-Statement-on-Racism-and-Health-Disparities.pdf

11. Society for the Study of Psychiatry and Culture (SSPC)

www.psychiatryandculture.org

- a. Outstanding webinar library including a Cultural Psychiatry 101 series on the DSM-5 Outline for Cultural Formulation
- b. Transcultural Psychiatry journal is the official journal of SSPC https://journals.sagepub.com/home/tps

12. World Association for Cultural Psychiatry (WACP)

https://waculturalpsy.org

Note: Statement on Covid-19 and Vulnerable Populations, September, 6, 2020 https://waculturalpsy.org/wacp-news/statement-on-covid-19-and-vulnerable-populations/

13. World Psychiatric Association—Transcultural Psychiatry Section (WPA-TPS) https://www.wpa-tps.org

14. National Academies of Sciences, Engineering, and Medicine

- a. Resources on Diversity, Equity, and Inclusion https://www.nationalacademies.org/topics/resources-on-diversity-equity-and-inclusion
- b. Acknowledging Structural Racism's Direct and Negative Impact on Health https://nam.edu/programs/culture-of-health/structural-racism-impact-on-health/
- c. Racism and Associated Health Impacts
 https://nam.edu/racism-and-associated-health-impacts/
- d. Addressing Diversity, Equity, Inclusion, and Anti-Racism in 21st Century STEMM Organizations (7/21) https://www.nap.edu/download/26294

15. American Psychological Association

- a. <u>Public Interest Directorate</u> https://www.apa.org/pi
 The APA Public Interest Directorate applies psychology to the fundamental problems of human welfare and social justice and the promotion of equitable and just treatment of all segments of society through education, training and public policy.
- b. <u>Public Interest guidelines</u> and standards provide psychologists with the rationale and guidance for advancing multiculturalism, diversity, and social justice in psychological education, research, practice.
- APA Guidelines for Psychological Practice for People with Low-Income and <u>Economic Marginalization</u> Up for review in approximately 2029.

- ***<u>APA Guidelines on Race and Ethnicity in Psychology</u> Up for review in approximately 2029.
- Assessment of and intervention with persons with disabilities. Up for review in approximately 2021.
- *Evaluation of dementia and age-related cognitive change. Up for review in approximately 2021.
- *** *Multicultural guidelines: An ecological approach to context, identity, and intersectionality, 2017.
- *Psychological practice with lesbian, gay, and bisexual clients. Up for review in approximately 2021.
- *Psychological practice with older adults. Up for review in approximately 2023.
 - *Developed by APA's Public Interest Directorate to aid psychologists in their practice with special populations.
- c. <u>Professional practice guidelines</u> are designed to guide psychologists in practice regarding particular roles, populations or settings, and are supported by the current scholarly literature but do not focus upon specific disorders or treatments. [selected]
 - APA guidelines for psychological practice with boys and men (PDF, 443KB). Up for review in approximately 2028.
 - APA guidelines for psychological practice with girls and women (PDF, 496MB). Up for review in approximately 2028.
 - Professional practice guidelines: Guidance for developers and users (PDF, 219KB). Up for review in approximately 2025.
 - <u>Psychological evaluations in child protection matters</u>. Up for review in approximately 2021.
 - *Psychological practice with older adults. Up for review in approximately 2023.
 - *Transgender and gender nonconforming people (PDF, 617KB). Up for review in approximately 2022.
 - APA guidelines for Psychological Practice for People with Low-Income and Economic Marginalization, 2019 www.apa.org/about/policy/guidelines-lowincome.pdf
 - *Developed by APA's Public Interest Directorate to aid psychologists in their practice with special populations.
- d. Racism, bias, and discrimination https://www.apa.org/topics/racism-bias-discrimination.html
- e. Race, trauma, and social justice (APA publishing) https://www.apa.org/pubs/highlights/race

- f. Health disparities https://www.apa.org/topics/racism-bias-discrimination/health-disparities
- g. Health equity https://www.apa.org/pi/health-equity
- h. Lesbian, gay, bisexual, transgender https://www.apa.org/topics/lgbt/index.html and APA publishing https://www.apa.org/pubs/highlights/lgbtq
- i. Socioeconomic status https://www.apa.org/topics/socioeconomic-status/index.html
- j. Women & men https://www.apa.org/topics/women-men/index.html
- I. Immigration https://www.apa.org/topics/immigration/index.html
- m. Climate change https://www.apa.org/practice/programs/dmhi/research-information/climate-change
- n. Apology to People of Color for APA's Role in Promoting, Perpetuating, and Failing to Challenge Racism, Racial Discrimination, and Human Hierarchy in U.S. (10/21) https://www.apa.org/about/policy/racism-apology
- o. Role of Psychology and APA in Dismantling Systemic Racism Against People of Color in U.S. (10/21) https://www.apa.org/about/policy/dismantling-systemic-racism
- p. Advancing Health Equity in Psychology (10/21) https://www.apa.org/about/policy/advancing-health-equity-psychology
- q. Advising Congress on Social Determinants of Health Caucus (10/21) https://www.apaservices.org/advocacy/news/social-determinents-health-caucus?_ga=2.223431195.1823773014.1637577787-1032372502.1635017127

16. American Public Health Association

- a. Racism and health https://www.apha.org/topics-and-issues/health-equity/racism-and-health
- b. Health equity https://www.apha.org/topics-and-issues/health-equity
- c. Social determinants of health https://www.thenationshealth.org/content/infographics-social-determinants-health
- d. Mental health https://www.apha.org/topics-and-issues/mental-health
- e. Climate change https://www.apha.org/topics-and-issues/climate-change

17. American Medical Association

a. AMA policy: racism as a public health threat, 11/16/20 https://www.ama-assn.org/press-center/press-releases/new-ama-policy-recognizes-racism-public-health-threat

https://www.ama-assn.org/delivering-care/health-equity/ama-racism-threat-public-health

b. Medical school diversity

https://www.ama-assn.org/education/medical-school-diversity

c. ***Organizational Strategic Plan to Embed Racial Justice and Advance Health Equity

https://www.ama-assn.org/about/leadership/ama-s-strategic-plan-embed-racial-justice-and-advance-health-equity

d. Health Equity Education Center https://edhub.ama-assn.org/health-equity-ed-center

e. Center for Health Equity

https://edhub.ama-assn.org/ama-center-health-equity

- f. 11 Tips to Integrate Health Equity Content into Medical Education (key take home points)
- Give cultural context to case-based learning.
- Discuss how systemic racism and bias cause health disparities.
- Call attention to the demographics tables in research.
- · Be inclusive.
- Differentiate facts from myths.
- Scrap stand-alone lectures on health equity.
- Factor in current events and popular culture.
- Promote diversity among faculty.
- Don't ask a single person to speak for their entire community.
- Ask for help, regardless of your level of expertise.
- Lean into the issue.

https://www.ama-assn.org/delivering-care/health-equity/11-tips-integrate-health-equity-content-medical-education

https://journalofethics.ama-assn.org/article/integrating-health-equity-content-health-professions-education/2021-03

h. Curricular Diversity and Inclusion: Outline for Self-Study and Action Plans (excellent resource)

https://www.ama-assn.org/system/files/2020-07/curricular-diversity-inclusion-self-study.pdf

18. American College of Physicians

Racial Health Disparities, Prejudice and Violence

https://www.acponline.org/advocacy/where-we-stand/racial-health-disparities-prejudice-and-violence

19. American College of Surgeons

Task Force on Racial Issues: Report of Recommendations https://www.facs.org/-/media/files/about-acs/committees/acs_anti_racism_task_force_report_recommendations.ashx

20. American Academy of Family Physicians

AAFP Center for Diversity and Health Equity

"Let's Achieve Health Equity by Teaching Future FPs" (see also embedded links and especially the implicit bias training facilitator's guide) https://www.aafp.org/news/blogs/freshperspectives/entry/20210429fp-equity.html

"Coming Together in Action for Equity, Diversity, and Inclusion" article peek-2021-0026.pdf (stfm.org)

"How to Identify, Understand, and Unlearn Implicit Bias in Patient Care" article How to Identify, Understand, and Unlearn Implicit Bias in Patient Care (ymaws.com)

"How to Spot and Tactfully Handle Discrimination in the Health Care Setting" article How to Spot and Tactfully Handle Discrimination in the Health Care Setting -- FPM (aafp.org)

"From race-based to race-conscious medicine: how anti-racist uprisings call us to act" article From race-based to race-conscious medicine: how anti-racist uprisings call us to act (ymaws.com)

21. Massachusetts Medical Society

Antiracism Action Plan <u>www.massmed.org/Patient-Care/Health-Topics/Antiracism,-Diversity,-and-Equity/MMS-Antiracism-Action-Plan/</u>

21. American Counseling Association

- a. Racism Resources https://www.counseling.org/knowledge-center/mental-health-resources/racism
- b. Multicultural and Social Justice Counseling Competencies (7/ 2015) https://www.counseling.org/docs/default-source/competencies/multicultural-and-social-justice-counseling-competencies.pdf?sfvrsn=8573422c_22
- c. Competencies for Addressing Spiritual and Religious Issues in Counseling (5/2009)

https://www.counseling.org/docs/default-source/competencies/competencies-for-addressing-spiritual-and-religious-issues-in-counseling.pdf?sfvrsn=aad7c2c_10

22. National Association of Social Workers (NASW)

- a. Ethnicity & Race https://www.socialworkers.org/practice/ethnicity-race
- b. Racial Equity https://www.socialworkers.org/Practice/Ethnicity-Race/Racial-Justice
- c. Lesbian, Gay, Bisexual & Transgender (LGBT) https://www.socialworkers.org/practice/LGBT

II. <u>Websites of Foundations, Universities and Higher Education, and Other Organizations</u>

Foundations

- 1. Robert Wood Johnson Foundation
 - a. Social Determinants of Health https://www.rwjf.org/en/our-focus-areas/topics/social-determinants-of-health.html
 - b. Racism and Health https://www.rwjf.org/en/library/collections/racism-and-health.html?rid=0032S00002IDZgFQAX&etcid=2436747
 - c. Hate-Motivated Behavior: Impacts, Risk Factors, and Interventions https://www.rwjf.org/en/library/research/2020/11/hate-motivated-behavior-impacts--risk-factors--and-intervention.html?rid=0032S00002IDZgFQAX&et_cid=2436747
 - d. Discrimination in America https://www.rwjf.org/en/library/research/2017/10/discrimination-in-america-experiences-and-views.html?rid=0032S00002IDZqFQAX&et_cid=2436747
 - e. National Commission to Transform Public Health Data Systems https://www.rwjf.org/en/library/research/2021/10/charting-a-course-for-an-equity-centered-data-system.html
 - f. Data, social determinants, and better decision-making for health (10/21) https://static1.squarespace.com/static/5e2ca08b9fdf240fb1abb55b/t/614641793f https://static1.squarespace.com/static/5e2ca08b9fdf240fb1abb55b/t/614641793f https://static1.squarespace.com/static/5e2ca08b9fdf240fb1abb55b/t/614641793f https://static1.squarespace.com/static/5e2ca08b9fdf240fb1abb55b/t/614641793f https://static1.squarespace.com/static/5e2ca08b9fdf240fb1abb55b/t/614641793f https://static1.squarespace.com/static/5e2ca08b9fdf240fb1abb55b/t/614641793f <a href="https://static1.squarespace.com/static1.s
 - g. Recommendations from the National Commission to Transform Public Health Data Systems (10/21)

https://www.rwjf.org/en/library/research/2021/10/charting-a-course-for-an-equity-centered-data-system.html?rid=003E000000ya10qIAA&et cid=2490741

2. Commonwealth Fund

Advancing Health Equity

https://www.commonwealthfund.org/programs/advancing-health-equity

Inequities in Health and Health Care in Black and Latinx/Hispanic Communities: 23 Charts

https://www.commonwealthfund.org/publications/2021/jun/inequities-health-care-black-latinx-hispanic-communities-23-charts

3. Kaiser Family Foundation

Racial Equity and Health Policy https://www.kff.org/racial-equity-and-health-policy/

4. The California Endowment

Diversity, Equity, and Inclusion Audit https://www.calendow.org/racial-equity/

Towards Health and Racial Equity https://www.calendow.org/app/uploads/2021/03/Toward-Health-and-Racial-Equity-FULL-REPORT-.pdf

5. California Health Care Foundation

Behavioral Health

https://www.chcf.org/topic/behavioral-health/

Health Equity https://www.chcf.org/topic/health-equity/

Universities and Higher Education

1. Harvard School of Public Health

Racism is a public health crisis

https://www.hsph.harvard.edu/news/racism-is-a-public-health-crisis/

2. Oregon Health and Sciences University Center for Diversity and Inclusion OHSU Guide to Inclusive Language (2/2021)

https://www.ohsu.edu/sites/default/files/2021-03/OHSU%20Inclusive%20Language%20Guide 031521.pdf

3. Georgetown University National Center for Cultural Competence https://nccc.georgetown.edu

4. Rutgers University Libraries

a. Resources for Diversity, Equity, and Inclusion in Medical Education: Teaching Tools

https://libguides.rutgers.edu/c.php?g=1112558&p=8111841

b. Cultural Competency: Home

https://libguides.rutgers.edu/culturalcompetency

c. Health Literacy: Overview

https://libguides.rutgers.edu/health_literacy

5. University of Ottawa

Laboratory for Culture and Mental Health Disparities http://www.mentalhealthdisparities.org/index.php

Education & Training:

Resources for Teaching About Culture & Diversity in Mental Health PTSD & Racial Trauma Research

6. Center for the Study of Hate & Extremism

California State University, San Bernardino https://www.csusb.edu/hate-and-extremism-center

Other Organizations

1. National Committee for Quality Assurance (NCQA)

Health Equity

https://www.ncqa.org/about-ncqa/health-equity/

2022 Standards and Guidelines for Health Equity Accreditation

https://store.ncga.org/accreditation/health-equity-

he.html?utm_source=sf&utm_medium=email&utm_campaign=hea&utm_term=2021111

Health Equity and Social Determinants of Health in HEDIS: Data for Measurement https://www.ncqa.org/wp-

content/uploads/2021/06/20210622_NCQA_Health_Equity_Social_Determinants_of_Health_in_HEDIS.pdf

2. National Collaborative for Health Equity

https://www.nationalcollaborative.org/

Note: The HOPE Initiative tracks social determinants of health:

https://www.hopeinitiative.org

3. Aligning for Health

https://aligningforhealth.org

Aligning for Health is an organization membership association which, with the support of our members and Advisory Board, advocates for solutions that address the common challenge of our members – the need for more integrated and coordinated programs to better improve health outcomes for Americans.

Social determinants of health

https://aligningforhealth.org/social-determinants-of-health/

4. Kaiser Permanente

https://patientengagementhit.com/news/amp/kaiser-unveils-health-equity-award-to-recognize-sdoh-achievements

- Kaiser Takes Aim at Food Access, Social Determinants of Health
- Kaiser Pairs with Data Analytics Team to Address Housing, SDOH
- How Health Orgs Can Use Community Health to Pursue Health Equity
- 3 Steps for Building your SDOH Business Case

5. The African American Policy Forum (Co-Founder & Executive Director Kimberle Crenshaw; Critical Race Theory focus)

https://www.aapf.org

#TruthBeTold Campaign

https://www.aapf.org/truthbetold

Looking Back to Move Forward: The Insurgent Origins of Critical Race Theory (Apple podcast)

https://podcasts.apple.com/us/podcast/39-looking-back-to-move-forward-the-insurgent-origins/id1441348908?i=1000534153352

Resources

https://www.aapf.org/copy-of-publications

6. UNESCO

The Slave Route Project

https://en.unesco.org/themes/fostering-rights-inclusion/slave-route

Monograph

https://healingthewoundsofslavery.org/wp-content/uploads/2021/04/UNESCO-GHFP 2020 Healing-the-Wounds-of-Slavey Desk-Review Report.pdf

7. Lown Institute Hospital Index of Racial Inclusivity 2021

https://lownhospitalsindex.org/2021-winning-hospitals-racial-inclusivity/

8. Stop AAPI Hate

https://stopaapihate.org

Mental Health Report, 5/27/21

https://stopaapihate.org/wp-content/uploads/2021/05/Stop-AAPI-Hate-Mental-Health-Report-210527.pdf

National Report 8/12/21

https://stopaapihate.org/stop-aapi-hate-national-report-2/

9. Bystander Intervention Resources

https://www.ihollaback.org/bystander-resources/

10. The Virtual Health Equity Summit (6/2021)

https://healthequitysummit.com

- 11. **State of California** mandated CME to include implicit bias content starting 1/22. Implicit bias is defined in AB 241 as "the attitudes or internalized stereotypes that affect our perceptions, actions, and decisions in an unconscious manner, exists, and often contributes to unequal treatment of people based on race, ethnicity, gender identity, sexual orientation, age, disability, and other characteristics." AB 241 is designed to mitigate harmful racial and ethnic disparities that exist in the delivery of health care and help ensure that all patients receive fair treatment and quality health care. The bill requires organizations that accredit CME courses in California to develop standards for CME providers to follow. https://leginfo.legislature.ca.gov/faces/billTextClient.xhtml?bill_id=201920200AB241
- 12. **The Kennedy-Satcher Center for Mental Health Equity** at Morehouse College of Medicine https://www.kennedysatcher.org/about/
- 13. McLean Hospital Multicultural Psychology Consultation Team (MPCT) https://multiculturalpsychology.com/

III. Federal Government Websites

1. The White House

- a. Executive Order On Advancing Racial Equity and Support for Underserved Communities Through the Federal Government, 1/20/21 https://www.whitehouse.gov/briefing-room/presidential-actions/2021/01/20/executive-order-advancing-racial-equity-and-support-for-underserved-communities-through-the-federal-government/
- b. Executive Order on Preventing and Combating Discrimination on the Basis of Gender Identity or Sexual Orientation, 1/20/21 https://www.whitehouse.gov/briefing-room/presidential-actions/2021/01/20/executive-order-preventing-and-combating-discrimination-on-basis-of-gender-identity-or-sexual-orientation/

c. Memorandum Condemning and Combating Racism, Xenophobia, and Intolerance Against Asian Americans and Pacific Islanders in the United States, 1/26/21

https://www.whitehouse.gov/briefing-room/presidential-actions/2021/01/26/memorandum-condemning-and-combating-racism-xenophobia-and-intolerance-against-asian-americans-and-pacific-islanders-inthe-united-states/

d. FACT SHEET: President Biden Announces Additional Actions to Respond to Anti-Asian Violence, Xenophobia and Bias, 3/30/21 https://www.whitehouse.gov/briefing-room/statements-releases/2021/03/30/fact-sheet-president-biden-announces-additional-actions-to-respond-to-anti-asian-violence-xenophobia-and-bias/

2. Department of Health and Human Services (DHHS) Substance Abuse and Mental Health Administration (SAMHSA)

- a. *** Behavioral Health Equity https://www.samhsa.gov/behavioral-health-equity
- b. Minority Fellowship Program https://www.samhsa.gov/minority-fellowship-program
- c. National Network to Eliminate Disparities in Behavioral Health (NNED) https://www.samhsa.gov/national-network-eliminate-disparities-behavioral-health
- d. Tribal Affairs https://www.samhsa.gov/tribal-affairs
- e. African American Behavioral Health Center of Excellence at Morehouse University School of Medicine https://africanamericanbehavioralhealth.org

3. DHHS Office of Minority Health (OMH)

https://www.minorityhealth.hhs.gov

*** National Culturally and Linguistically Appropriate Services Standards (CLAS), 2013 https://thinkculturalhealth.hhs.gov/clas/standards

includes online trainings and implementation strategies to improve systems cultural competence.

- a. An Implementation Checklist for the National CLAS Standards https://thinkculturalhealth.hhs.gov/assets/pdfs/AnImplementationChecklistfortheN ationalCLASStandards.pdf
- b. A Practical Guide to Implementing the National CLAS Standards: For Racial, Ethnic, and Linguistic Minorities, People with Disabilities and Sexual and Gender Minorities, 12/2016

https://www.cms.gov/About-CMS/Agency-Information/OMH/Downloads/CLAS-Toolkit-12-7-16.pdf

- c. Evaluation of the Awareness, Knowledge, Adoption, and Implementation of the National CLAS Standards in Health and Health Care Organizations https://thinkculturalhealth.hhs.gov/assets/pdfs/clas-ncs-evaluation-project.pdf
- d. Evaluation of the National CLAS Standards: Tips and Resources, 2018 https://www.minorityhealth.hhs.gov/assets/PDF/Evaluation_of_the_Natn_CLAS_Standards_Toolkit_PR3599_final.508Compliant.pdf
- e. Guide Behavioral Health Implementation Guide, 7/2021
- f. Report Development of a Long-Term Evaluation Framework for the National CLAS Standards , 7/2021
- g. Toolkit Evaluation of the National CLAS Standards: Tips and Resources, 7/2021
- h. UC Davis Center for Reducing Health Disparities, Solano County Innovations Project Final Evaluation Report based on CLAS https://health.ucdavis.edu/crhd/pdfs/solano-county/icctm-final-report-2021.08.25.pdf

4. *** DHHS National Institutes of Health (NIH)

a. Ending Structural Racism https://www.nih.gov/ending-structuralracism?utm_medium=email&utm_source=govdelivery

b. Scientific Workforce Diversity (SWD) Office https://diversity.nih.gov includes a SWD toolkit and webinar

Description of projects since 2014 with hyperlinks https://www.nih.gov/about-nih/who-we-are/nih-director/statements/statement-retirement-dr-hannah-valantine

c. Transformative Research to Address Health Disparities and Advance Health Equity

https://commonfund.nih.gov/healthdisparitiestransformation?utm_medium=email&utm_source=govdelivery

- 5. DHHS National Institute on Minority Health and Health Disparities (NIMHHD)
 - a. NIH Minority Health and Health Disparities Strategic Plan 2021-2025 https://nimhd.nih.gov/about/strategic-plan/nih-strategic-plan-directors-foreword.html
 - b. Minority Health and Health Disparities: Definitions and Parameters

https://www.nimhd.nih.gov/about/strategic-plan/nih-strategic-plan-definitions-and-parameters.html

c. An Ecosystem of Health Disparities and Minority Health Resources https://www.nimhd.nih.gov/resources/hd-pulse.html

https://hdpulse.nimhd.nih.gov

- d. Structural Racism and Discrimination https://www.nimhd.nih.gov/resources/understanding-health-disparities/srd.html
- e. PhenX Social Determinants of Health (SDOH) Assessments Collection https://www.nimhd.nih.gov/programs/collab/phenx/index.html

The PhenX Social Determinants of Health (SDOH) Assessments Collection, now available in the PhenX Toolkit, contains 19 new protocols which expand upon the previous SDOH collection to help measure upstream factors that shape behaviors and health outcomes. This collection provides a common currency for studying social determinants of health across public health research studies. Researchers are encouraged to use this collection to examine the role of SDOH and the factors related to health inequities and enable effective interventions to reduce health disparities.

https://www.phenxtoolkit.org

Mental Health Research Collections https://www.phenxtoolkit.org/collections/view/1

Substance Abuse and Addiction Collections https://www.phenxtoolkit.org/collections/view/2

Social Determinants of Health Collections https://www.phenxtoolkit.org/collections/view/6

Social Determinants of Health: Core https://www.phenxtoolkit.org/sub-collections/view/28

Individual Social Determinants of Health https://www.phenxtoolkit.org/sub-collections/view/29

Structural Social Determinants of Health https://www.phenxtoolkit.org/collections/view/6

f. Food Accessibility, Insecurity and Health Outcomes https://www.nimhd.nih.gov/resources/understanding-health-disparities/food-accessibility-insecurity-and-health-outcomes.html

6. DHHS Health Resources and Services Administration (HRSA)

a. Health Equity for Diverse Populations https://www.hrsa.gov/about/organization/bureaus/ohe/populations/diverse-populations.html

b. Culture, Language, and Health Literacy https://www.hrsa.gov/about/organization/bureaus/ohe/health-literacy/culture-language-and-health-literacy

c. Office of Civil Rights, Diversity and Inclusion https://www.hrsa.gov/about/organization/bureaus/ocrdi

7. DHHS Center for Disease Control (CDC)

a. Racism and Health https://www.cdc.gov/healthequity/racism-disparities/index.html

b. Social Vulnerability Index: Social vulnerability refers to the potential negative effects on communities caused by external stresses on human health. Such stresses include natural or human-caused disasters, or disease outbreaks. Reducing social vulnerability can decrease both human suffering and economic loss. CDC Social Vulnerability Index (CDC SVI) uses 15 U.S. census variables to help local officials identify communities that may need support before, during, or after disasters.

https://www.atsdr.cdc.gov/placeandhealth/svi/index.html

8. DHHS Agency for Healthcare Research and Quality (AHRQ)

a. Social Determinants of Health (SDOH)

https://www.ahrq.gov/sdoh/index.html Social Determinants of Health (SDOH)

- About SDOH in Healthcare
- Health Systems Research
- Practice Improvement
- Data and Analytics
- Resources
- What's New
- b. National Healthcare and Disparities Reports https://nhgrnet.ahrg.gov/inhgrdr/

9. DHHS Office of the Surgeon General

Mental Health https://www.hhs.gov/surgeongeneral/reports-and-publications/mental-health/index.html

10. DHHS Center for Medicare and Medicaid Services (CMS)

The Road to Equity: Examining Structural Racism in Health Care webinar April 2021

https://www.cms.gov/About-CMS/Agency-Information/OMH/equity-initiatives/ccm/webinars-and-events/all-webinars-and-events

11. U.S. House Judiciary Committee

Subcommittee on the Constitution, Civil Rights, and Civil Liberties

- Hearing on Discrimination and Violence Against Asian Americans, 3/18/21, the first such hearing in 34 years
- https://judiciary.house.gov/calendar/eventsingle.aspx?EventID=4449
- Video transcript plus written submitted testimony. Key documents from:
 - Ms. Manjusha P. Kulkarni, Executive Director, Stop AAPI Hate https://docs.house.gov/meetings/JU/JU10/20210318/111343/HHRG-117-JU10-Wstate-KulkarniM-20210318-U22.pdf
 - Erika Lee, PhD, Regents Professor of History and Asian American Studies and Director of the Immigration History Research Center at the University of Minnesota https://docs.house.gov/meetings/JU/JU10/20210318/111343/HHRG-117-JU10-Wstate-LeeE-20210318-U23.pdf
 - Shirin Sinnar Professor of Law Stanford Law School <u>https://docs.house.gov/meetings/JU/JU10/20210318/111343/HHRG-117-JU10-Wstate-SinnarS-20210318-U27.pdf</u>
 - John C. Yang President and Executive Director Asian Americans Advancing Justice https://docs.house.gov/meetings/JU/JU10/20210318/111343/HHRG-117-JU10-Wstate-YangJ-20210318-U21.pdf

12. U.S. House Ways and Means Committee

Fact vs. Fiction: Clinical Decision Support Tools and the Mis(use) of Race https://waysandmeans.house.gov/sites/democrats.waysandmeans.house.gov/files/documents/Fact%20Versus%20Fiction%20Clinical%20Decision%20Support%20Tools%20and%20the%20%28Mis%29Use%20of%20Race%20%282%29.pdf

IV. Online Training Resources

- 1. National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care, Office of Minority Health, Dept. of Health and Human Services https://thinkculturalhealth.hhs.gov/clas
- *** "Improving Cultural Competency for Behavioral Health Professionals" E-Learning Program (May, 2019) with 5 CE credits (free) sponsored by the Office of Minority Health, DHHS: https://thinkculturalhealth.hhs.gov/educatUniversityion/behavioral-health
- 2. *** "Using the DSM-5 Cultural Formulation Interview" online training module sponsored by the Columbia University Center of Excellence in Cultural Competence. https://nyculturalcompetence.org/cfionlinemodule/
 Outstanding online training module on the CFI

- 3. New England Journal of Medicine
 Race and Medicine including 5 multimedia presentations
 https://www.nejm.org/race-and-medicine?query=main_nav_lg
- 4. Group for the Advancement of Psychiatry "Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) Mental Health: A Curriculum for Psychiatry Residents" https://www.gap-lgbtq.org
- 5. National Association of County and City Public Health Officials (NACCHO) "Roots of Health Inequity" course http://www.rootsofhealthinequity.org
- 6. *** American Psychiatric Association
 - a. Racism and Black Mental Health https://education.psychiatry.org/diweb/catalog/item?id=5913368&_ga=2.1048745 03.502899288.1611768236-2014004078.1609721480
 - b. Responding to Racism from Patients, Families, and Guests Towards Residents and Practicing Physicians https://education.psychiatry.org/diweb/catalog/item?id=5917396&_ga=2.44968096.502899288.1611768236-2014004078.1609721480
 - c. Impact of Microaggression on Mental Health Outcomes https://education.psychiatry.org/diweb/catalog/item?id=5913251&_ga=2.1036815 40.502899288.1611768236-2014004078.1609721480
 - d. Diversity & Health Equity Education: These resources, including fact sheets, guides and online learning modules, help clinicians provide quality health care that addresses the needs of culturally diverse populations. https://www.psychiatry.org/psychiatrists/cultural-competency/education
- 7. American Medical Association
 - a. Accelerating Change in Medical Education webinars https://innovationmatch.ama-assn.org/groups/ace-community/pages/resources
 - "Uprooting structural racism embedded in medical education" on 2/1/21
 - "Applying systems thinking to address structural racism in health professions education: Curriculum, structural competency and institutional change" on 7/20/21
 - "Focusing on diversity: Promoting mission-aligned medical school admission and residency selection processes" on 6/15/20
 - b. Prioritizing Equity webinars [focus on COVID]

 <a href="https://www.ama-assn.org/delivering-care/health-equity/prioritizing-equity-video-series?utm_source=Selligent&utm_medium=email&utm_term=%25m%25d%25y&utm_content=INT_ECM_MyConnection_121020&utm_campaign=INT_ECM_MyConnection&utm_uid=&utm_effort=&utm_h=

- c. JAMA Structural Racism in Medicine and Health Care https://www.youtube.com/watch?v=SyzZvlvoAys
- d. Health Equity Education Center https://edhub.ama-assn.org/health-equity-ed-center
- 8. Yale University Department of Psychiatry RebPsych 2020: Decolonizing Mental Health https://medicine.yale.edu/psychiatry/rebpsych/
- 9. Structural Competency www.Structuralcompetency.org
- 10. "We Hold These Truths: Perspectives on Health Disparities, Racial Identities, And Cultural Humility" American Psychological Association Division 45 psychologists webinar series

https://parma.trustinsurance.com/Workshops-Webinars/Virtual-Webinar-Series/We-Hold-These-Truths

- 11. The Virtual Health Equity Summit (6/21) https://healthequitysummit.com/registration/
- 12. National Board of Medical Examiners
 21-Day Diversity, Equity and Inclusion Educational Challenge
 https://www.nbme.org/news/nbme-creates-21-day-diversity-equity-and-inclusion-educational-challenge
- 13. Alliance for Health Policy Health Equity Summit 9/21 https://www.allhealthpolicy.org/health-equity-summit/
- 14. Spiritual Competency Academy https://www.spiritualcompetencyacademy.com

V. Journals and Online Peer-Reviewed Resources on DEIA

1. AAMC: Academic Medicine

Addressing Race and Racism in Medical Education Collection https://journals.lww.com/academicmedicine/pages/collectiondetails.aspx?TopicalCollectionld=72

Sexual and Gender Minorities in Medicine Collection https://journals.lww.com/academicmedicine/pages/collectiondetails.aspx?TopicalCollectionId=47

Women in Medicine and Science Collection

https://journals.lww.com/academicmedicine/pages/collectiondetails.aspx?TopicalCollectionId=34

The Evolution of an Elective in Health Disparities and Advocacy. Description of Instructional Strategies and Program Evaluation

https://journals.lww.com/academicmedicine/Fulltext/2015/12000/The_Evolution_of_an_Elective_in_Health_Disparities.24.aspx

2. AAMC: MedEdPORTAL (online peer-reviewed resources)

Anti-racism in Medicine Collection

https://www.mededportal.org/anti-racism

Diversity, Inclusion, and Health Equity Collection https://www.mededportal.org/diversity-inclusion-and-health-equity

3. AMA: Journal of Ethics

Racial and Ethnic Health Equity in the US: Parts 1 and 2 (SPECIAL THEME ISSUES) https://journalofethics.ama-assn.org/issue/racial-and-ethnic-health-equity-us-part-2

How to measure racism in academic health centers https://journalofethics.ama-assn.org/article/how-measure-racism-academic-health-centers/2021-02

4. AMA: JAMA "Equity and the JAMA Network"

https://jamanetwork.com/journals/jamainternalmedicine/fullarticle/2780906?utm_source =silverchair&utm_medium=email&utm_campaign=article_alertjamainternalmedicine&utm_content=olf&utm_term=060321

5. AMA: JAMA "Updated Guidance on the Reporting of Race and Ethnicity in Medical and Science Journals"

<u>Updated Guidance on the Reporting of Race and Ethnicity in Medical and Science</u> <u>Journals | Medical Journals and Publishing | JAMA | JAMA Network</u>

6. American Psychiatric Association: Psychiatric Services

Editor's choice curated collection on mental health disparities by race and ethnicity of adults

https://ps.psychiatryonline.org/editorschoice/mental-health-disparities-by-race-and-ethnicity-of-adults

7. American Psychological Association journals

Equity, diversity, and inclusion

https://www.apa.org/pubs/authors/equity-diversity-

<u>inclusion?utm_campaign=apa_publishing&utm_medium=direct_email&utm_source=bus</u> inessdevelopment&utm_content=diversity-inclusion<u>ecp_spotlight_studentresearchers_bsupromo_12072020&utm_term=text_bottom_learn_</u> more

8. Annals of Family Medicine

Systemic Racism and Health Disparities: A Statement From Editors of Family Medicine Journals | Annals of Family Medicine (annfammed.org)

A Shared Bibliography on Systemic Racism and Health Disparities Published by Family Medicine Authors and Journals https://www.annfammed.org/content/shared-bibliography-systemic-racism-and-health-disparities

9. NEJM

How Structural Racism Works — Racist Policies as a Root Cause of U.S. Racial Health Inequities (important background article) https://www.nejm.org/doi/full/10.1056/NEJMms2025396

10. Sage Publishing

<u>Structural Racism and Police Violence Teaching Resources</u> https://group.sagepub.com/structural-racism-police-violence

VI. Examples of Websites of University Departments of Psychiatry on DEIA

1. McGill University Division of Social and Transcultural Psychiatry https://www.mcgill.ca/tcpsych/

Note: A Call to Action on Racism and Social Justice in Mental Health https://www.mcgill.ca/tcpsych/network/call-action

Multicultural Mental Health Resource Center https://multiculturalmentalhealth.ca/home/

2. University of California, Office of the President Diversity: Faculty and other academic personnel https://www.ucop.edu/faculty-diversity/index.html

Note: Guidelines For Addressing Race and Gender Equity in Academic Programs in Compliance with Proposition 209 https://www.ucop.edu/uc-legal/guidance/enhancing-diversity-at-uc.html

a. University of California, San Francisco https://psych.ucsf.edu/diversity

Note: 5 Task Forces on Recruitment/Retention, Education, Research, Communication, and Health Equity

Antiracism Resources: https://psychiatry.ucsf.edu/copingresources/anti-racism

b. University of California, Davis

https://health.ucdavis.edu/psychiatry/specialties/diversity/index.html

c. University of California, San Diego

https://medschool.ucsd.edu/som/psychiatry/about/DiversiColumbia Universityty/Pages/default.aspx

d. University of California, Los Angeles

https://diversity.semel.ucla.edu

https://diversity.semel.ucla.edu/psychiatry-diversity-advisory-committee/

6. Massachusetts General Hospital

https://www.massgeneral.org/psychiatry/services/treatmentprograms.aspx?id=1930

7. Columbia University

https://www.columbiapsychiatry.org/faculty/faculty-affairs/faculty-affairs-offices-committees/committee-diversity-and-inclusion

8. Yale University

https://medicine.yale.edu/psychiatry/diverse/

https://medicine.yale.edu/psychiatry/education/residency/diversity/

9. Emory University

http://psychiatry.emory.edu/faculty/diversity.and.inclusion.subcommittee/index.html

Anti-Racism Action Steps

http://psychiatry.emory.edu/faculty/diversity.and.inclusion.subcommittee/antiracism.action.steps.html

Anti-Racism Action Guides

http://psychiatry.emory.edu/faculty/diversity.and.inclusion.subcommittee/antiracism.action.guides.html

Racial Justice Resources

http://psychiatry.emory.edu/faculty/diversity.and.inclusion.subcommittee/racial.justice.resources.html

10. University of Texas, Southwestern

https://www.utsouthwestern.edu/education/medical-

<u>school/departments/psychiatry/education-and-training/residency-program/diverse-resident-experience.html</u>

VIII. Curated book and film lists on cultural psychiatry and related topics at Amazon by Francis Lu, MD, Kim Professor in Cultural Psychiatry, Emeritus, UC Davis. Updated frequently. Feel free to share. Note: I have no financial disclosures. I welcome suggestions. francislumd@gmail.com

My Amazon Author Page with my biosketch and my own book titles to which I contributed: amazon.com/author/francislu

#1 Cultural psychiatry: 40 teaching textbooks for medical students, psychiatry residents, trainees, and supervisors: https://a.co/dj5VhZn

#2 Cultural psychiatry: "What's New," classics, psychopathology, Asian Americans, Hispanics, Blacks, Indigenous People, Rural MH: http://a.co/5GbeL6L

#3 Cultural psychiatry: Therapeutic alliance, psychoanalytic studies, CBT, intercultural Rx, multicultural psychology, intersectionality: http://a.co/0FL17gW

#4 Cultural psychiatry: Films: http://a.co/fGOOvXQ

#5 Cultural psychiatry: Children, adolescents, and their families: https://a.co/5dzStBv

#6 Cultural psychiatry: The Elderly, dementia and caregiving: https://a.co/7LJwi5w

#7 Cultural psychiatry: Women, men, and LGBT mental health: https://a.co/6rgcSF2

#8 Cultural psychiatry: Religion, spirituality, moral traditions, and psychiatry: https://a.co/8lp0jpw

#9 Cultural psychiatry: Immigrant/refugee, global, decolonizing/liberation psychiatry: https://a.co/gLKBrwa

*** #10 Racism, anti-racism, race and related topics: https://a.co/7ulwHU3

*** #11 Diversity/inclusion, health equity/disparities, social justice: https://a.co/23RUiSm

#12 Social Determinants of Mental Health / Health: https://a.co/0Gdtl3p

#13 Climate change, mental health, and health: https://a.co/6pX4KoH

#14 Career development in academic psychiatry/medicine: http://a.co/3B96oQb

#15 Films: Favorite great films from the Esalen Institute film seminars #1: http://a.co/cVM5yM7

#16 Films: Favorite great film from the Esalen film seminars #2: https://a.co/aFo5v8F

#17 Books on films from the favorite great films of the Esalen film seminars #1 list: https://a.co/8fMxuPF

#18 UCSF/ZSFGH Dept. of Psychiatry faculty authors/editors from 1977 to now: https://a.co/brddQH2